



Join us and bring a friend:

Senior Summer Social Series

Are you 55 or older and looking to meet people in the community and learn how to stay healthy?

This 6-week educational program covers a wide range of topics such as healthy aging, safe medication use, and strategies for healthy living!

Complimentary catered lunch provided!

\$25 gift card for all graduating participants.

Sandyston Municipal Building

Mondays from 11am-1pm

August 26th September 16th September 30th

September 9th September 23rd October 7th

To register please contact Michelle Bove at (973)383-4787 or michelle@centerforprevention.org